



Melissa Montgomery

Speaker One-Sheet

People by Design

Inspire People. Ignite Culture. Transform Lives.

 www.pplbydesign.com

Contact and Booking Information

Melissa Montgomery, M.S., BPC, EQAC (Six Seconds)

Founder | Consultant | Coach, People by Design

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Book Melissa to Speak: (225) 242-9336

Speaker Bio

Melissa Montgomery, M.S. in HR Leadership from LSU, is a seasoned expert in leadership development with over 20 years of experience in HR and organizational dynamics. As a Six Seconds EQ Certified professional (EQAC/BPC), she is dedicated to empowering individuals, teams, and nonprofits to flourish. From personal loss to creating her People by Design legacy, she delivers impactful talks that blend storytelling with Six Seconds tools, fostering resilience and belonging through coaching, workshops, and motivational speaking engagements.

Signature Talks

- **Culture by Design:** Building belonging and performance with simple team rituals.
- **Leading with Abundance:** From scarcity to shared success in complex environments.
- **Everyday Leadership:** Trust, feedback, and communication habits that compound.
- **Turning Loss into Legacy:** Hardships can serve as powerful catalysts for positive change.
- **When Life Tests Your Foundation:** Resilience strategies to help you navigate change.
- **Finding Home Within:** Leads participants toward self-acceptance and personal alignment.

Ideal Audiences

- Small businesses and nonprofits
- Cancer, grief, and caregiving communities
- Schools, youth programs, and community organizations
- Women's groups and leadership networks
- Mission-driven organizations
- Faith communities and church retreats
- In-person and virtual

Speaking Assets and AV Needs

- Short and extended bio
- Approved headshots
- Talk titles and descriptions
- Projector
- Microphone
- Internet Access